

Seeds of Hope Partial Day Treatment Program for Eating Disorders

STATE OF THE ART FACILITY NOW IN EXTON, PA



- Holistic approach to treatment and recovery
- Cooking experientials with dietitian and daily nutrition support
- Mindfulness training and practice daily
- Yoga and spirituality groups
- DBT, ACT, and CBT groups
- Family support groups
- Art therapy workshops
- Psychiatry services offered 2-3 days per week

Seeds of Hope Eating Disorders Treatment Programs



- Day Treatment
 - Intensive Outpatient
 - Outpatient Groups
- Locations in Radnor, Center City & Exton

Serving male and female adolescents & adults
Individualized treatment focus

Call today for more information
888-686-7511

Seeds of Hope Intensive Outpatient Programs

Helping people recover since 2007

Available for adults and adolescents, our Intensive Outpatient programs offer a personalized treatment focus. Clients bring their own meals to daily sessions, which include the following services:

- Four sessions per week
- Weekly nutrition support & cooking experientials with dietitian
- Family support groups
- Transportation available for adolescent IOP and partial programs
- Outpatient step-down programs

Clients can participate in our IOP treatment programs at the following locations:



Radnor

- LOC evaluations
- IOP services for adolescents
- Group for 11-13 year olds struggling with eating disorders
- Group for children of parents with eating disorders
- Group for self-care when your loved one is struggling with an eating disorder



Center City

- LOC evaluations
- Adult OP
- Adult IOP



Exton

- LOC evaluations
- Partial day treatment program
- Adult OP
- Daytime/evening adult IOP
- Adolescent IOP
- Christian-based counseling

Call us today for more information or to set up an evaluation for one of our programs

888-686-7511